



Student Leadership...

One of the most important goals of education is to develop individuals who are responsible citizens. We hope to help students recognize that we all take turns being leaders and learners, depending on the task at hand and our skill set. We are actually ALL members of an ever evolving Community of Leaders and Learners.

At River Valley we work hard to provide opportunities for students to take on leadership roles. In the classroom setting some become “tiny teachers” helping out peers on occasion. I have seen others assisting new students to maneuver around the building during their first RVS days. On the playground, some students take it upon themselves to pick up garbage or help someone get to the office who has had a tumble. I am able to give kudos to students who have received Eagle Awards or Caught You Doing Good certificates, for going above and beyond. Further, we have Middle School students attending Student Matters gatherings at Division Office to provide feedback at that level, which is a great leadership opportunity.

These are just a few examples of the many, many avenues that leadership can take. Coming up soon is the RVS has Talent show, and I expect we will see even more of what our amazing students have to offer!

Cheers,

Leslie Cooper-Shand

Principal, River Valley School



April 17
Jersey Day
Youth Mental Health
Clinic



April 18 to 25
Good Friday
Easter Monday
Spring Break
No Students
No Staff



April 29, 2025
Kindergarten Open
House
Must be registered
to attend

RIVER VALLEY SCHOOL APRIL 2025

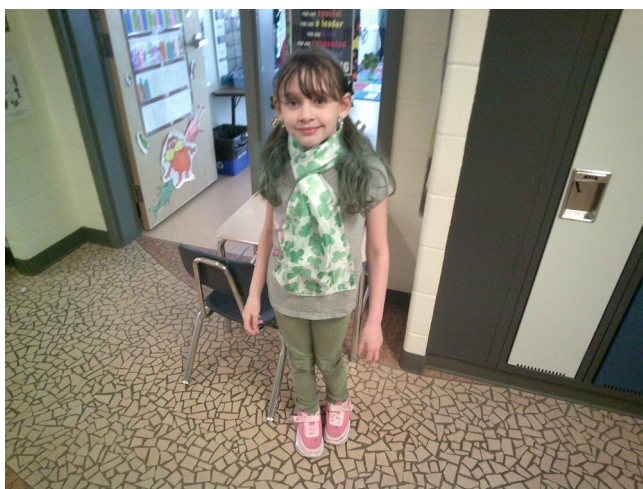
Leadership



Important Dates to Remember

MON	TUES	WED	THURS	FRI
	1 Day 3	2 Day 4	3 Day 5	4 Day 6
7 Day 7 Pizza Orders Due Online	8 Day 8 Subway Day	9 Day 1 Career Fair @ Sundre High 2-5PM	10 Day 2	11 Day 3 All Kindergarten Attend
14 Day 4	15 Day 5 AHS Dental Visits Kind to Gr 2 CESD Survey Closes	16 Day 6 Pizza Day	17 Day 7 Jersey Day Youth Mental Health Clinic	18 Good Friday No Students No Staff
21 Easter Monday No Students No Staff	22 Spring Break No Students No Staff	23 Spring Break No Students	24 Spring Break No Students	25 Spring Break No Students No Staff
28 Day 8 Subway Orders Due Online	29 Day 1 Kind Open House Must be registered to attend 3:30-6:00	30 Day 2 Parents Matter		

SPRING BREAK



Green Day



Farm Safety presentations

Did you know...
Children who read well by the end of Grade 3 are more successful in the rest of the grades?

Attendance at school matters

CHINOOK'S
EDGE

* Fall Planning is already starting - please register ASAP!

Ready, Set, Go!

Welcome to Online Kindergarten Registration!

Chinook's Edge will be accepting Online Kindergarten Registrations starting January 6, 2025 for the 2025-2026 school year. Please visit our website at www.cesd73.ca for Kindergarten information!



Sundre and District Nutrition for Learning has some exciting news! A new monthly newsletter going out prior to each month. Here you will find the menu, facts about the program and volunteer opportunities.

Subscribe here <http://eepurl.com/ilxVs6>

Community Connections



CAREER & HIRING FAIR

Wednesday, April 9, 2025

2:00 PM - 5:00 PM

Sundre High School Gymnasium

EMPLOYERS:

- Promote your business & industry
- Meet & interview candidates on the spot
- Connect with other businesses & community members

It's FREE to have a booth, but employers must REGISTER!

EMPLOYERS, REGISTER with the QR CODE!



STUDENTS & COMMUNITY MEMBERS:

- Explore different careers & opportunities
- Speak with industry leaders
- Bring copies of your resume & dress to impress





Gr 2 Measuring in the Environment



Student vs Staff Basketball Games





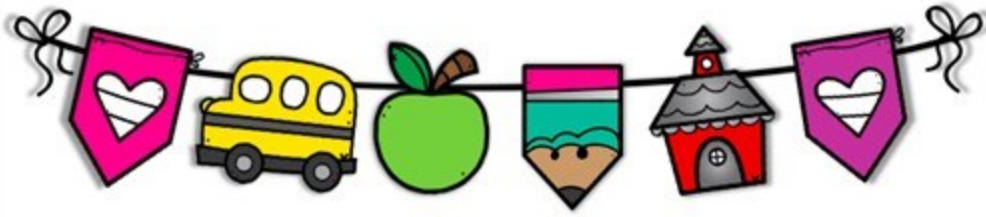
2025 Kiwanis Festival Olds
Gr 7 Band Gr 8 Band Gr 4&5 Choir



Gr 7 Curling



WELCOME TO KINDERGARTEN!



Let's get your child ready for Kindergarten!
Please join us for a
Welcome to Kindergarten Open House
and learn how to help your child prepare for school.



You and your child are invited!

Date: Tuesday, April 29, 2025

Time: Open House — 3:30 - 6:00 PM

Place: River Valley School Kindergarten Class Rooms

You will receive a Welcome to Kindergarten bag with magnetic letters and numbers, books, crayons, scissors, paper, glue and more!

Kindergarten teacher will share fun activities you can do at home with your child.

Must be registered for Kindergarten to attend

Information About Measles

Parents, Guardians, School Staff and Volunteers

Measles cases are increasing globally, with numerous countries and travel destinations reporting outbreaks including the United States, Europe and Canada. So far in 2025, Canada has seen a significant increase in measles cases and a number of jurisdictions have reported measles outbreaks. Cases of measles have been reported in New Brunswick, Ontario, Quebec, British Columbia, Manitoba and most recently, Alberta.

There are no confirmed measles cases at your school at this time; however, it is important that parents are aware of the risk and are supported by Alberta Health Services (AHS) Public Health.

Measles Illness

Measles is very contagious and is easily spread through the air. Some people who get measles can have serious health problems. In rare cases, measles can lead to death.

Measles is a viral illness. Symptoms include fever, cough, runny nose, red eyes, and a blotchy rash. Symptoms usually start 8-12 days after exposure but can take as long as 21 days to appear.

Measles may cause complications including ear infections, pneumonia, seizures, or inflammation of the brain. Complications are more common among children under five years and people who are pregnant or immunocompromised.

A person with measles symptoms should stay home, avoid contact with others, and call Health Link at 811 before visiting any healthcare facility or any healthcare provider.

Protection against Measles

The best protection against measles is to get immunized. Measles vaccines are highly effective.

In order to be adequately protected against measles, individuals born in or after 1970 need two documented doses of measles-containing vaccine.

Date: 2025-Mar-18

Created by: Medical Officers of Health

In Alberta, measles-containing vaccines are available free of charge for eligible individuals. The routine childhood immunization program includes two doses of measles containing vaccine.

For more information about measles-containing vaccines please go to ahs.ca/immunize or talk to your/your child's healthcare provider. Parents and guardians can check that their child has received two doses of measles vaccine by calling Health Link at 811 or by contacting their local public health or community health center [ahs.ca/info/page17791.aspx]. Individuals who are 14 years of age and older can check their immunization record at myhealth.alberta.ca/myhealthrecords.

Measles Case Response

If measles is confirmed at your school, Public Health will immediately begin working with the school to keep everyone safe and reduce the risk of measles spreading.

To reduce transmission of measles, provincial Public Health guidelines require those with infection and their contacts who are not immune to measles to stay at home and away from others until the risk of spreading the disease is over.

Further, we encourage you to keep children home when showing any signs of illness. **Two doses of measles vaccine given before a school measles exposure provides protection against measles and avoids possible exclusion.**

Next Steps

If your child is not immunized, or you are unsure about you or your child's immunization status, please call Health Link at 811.

You can also learn more from myhealth.alberta.ca about measles, who is at risk, and how it spreads, including:

- immunization: myhealth.alberta.ca/topic/immunization/pages/measles.aspx
- frequently asked questions: myhealth.alberta.ca/topic/immunization/documents/measles-faq.pdf
- text "measles" to 88111 for information by text message.

Thank you for your support.

Youth Mental Health Clinic



Are you between the ages of 6 – 14 and experiencing struggles with your mental health?

Dr. J Smith and Irma van den Hadelkamp (RN) from the Primary Care Network will be on site at River Valley School once per month for consultation.



MENTAL HEALTH MATTERS

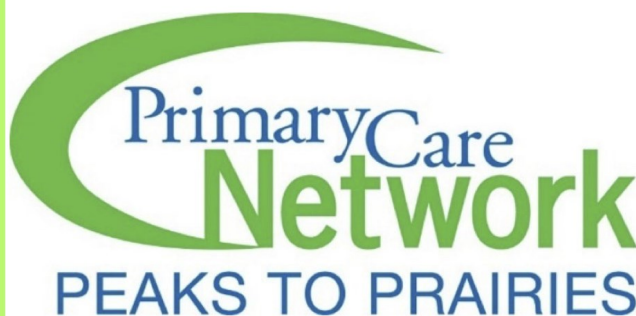
PROTECTING YOUTH MENTAL HEALTH

Upcoming Dates at River Valley School

Thursday, Apr 17th, 2025 1:00pm - 4:00pm

Thursday, May 8th, 2025 1:00pm - 4:00pm

Thursday, June 12th, 2025 1:00pm - 4:00pm



To book an appointment:

Please contact Irma @ Primary Care Network

Phone 403-586-0371



Sundre On the Go

April 2025



Brought to you by Greenwood Neighbourhood Place & Sundre Community Support Services (FCSS)

Greenwood Neighbourhood Place

Office Hours:
Tuesday to Wednesday
8:30 AM to 4:00 PM
Thursday 9:30AM-4:00PM

403 638 1011
#5, 96-2 Ave NW
PO Box 1846,
Sundre AB, T0M 1X0

Email: info@mygnp.org
www.mygnp.org
CRA Charities No.
866369374R0001

Scan for Website Events Page



FUNDRAISING AUCTION

Save the Date!

MAY 31

WATCH FOR DETAILS!

NATIONAL VOLUNTEER WEEK 2025
APRIL 27-MAY 3

From small acts of kindness to community-wide efforts, volunteers across Canada are creating waves of impact, shaping stronger, more connected communities.

Watch for local National Volunteer Week activities!

VOLUNTEERS MAKE WAVES

Let's celebrate the volunteers who make a difference every day.
#VolunteersMakeWaves
#NWW2025

Welcome to Sundre!

If you're new to Sundre, we'd love to Welcome You at Greenwood Neighbourhood Place! Stop by and receive a gift bag filled with helpful information about Sundre, along with a few fun items to help you feel at home.



Happy Easter



Sundre Volunteer Appreciation 2025

Featuring Doris Daley and Al "Doc" Mehl
Performing Cowboy Poetry and Original Music.

Friday | April 25 | 6:00PM-8:00PM
Location: Sundre Legion

Let's celebrate the volunteers who make waves in our community! This event is free, but space is limited—register now to save your spot!

You must be an active volunteer for a non-profit organization in the Sundre area.

REGISTER AT: www.mygnp.org



Greenwood Neighbourhood Place

Building Connection and Resilience

GREENWOOD NEIGHBOURHOOD PLACE EVENTS AND PROGRAMS

Greenwood Neighbourhood Place | **THE DEN S.Y.C.** | **fcss** | **fcss** | **SUNDRE** | **Mountain View County**

Red Cross Babysitting Course

REGISTRATION OPEN

Ages 11-16

Fri | May 16 | \$30

8:00AM-3:00PM
at THE DEN S.Y.C.

Gain essential skills, build confidence, and get certified!

www.mygnp.org

Seniors 55+

Greenhouse Tour

Fri | May 2 | 8:30AM-4:30PM
Mountain View County

Tour Greenhouses in Mountain View County. Bring your own picnic lunch. Cost is \$5.

REGISTER AT www.mygnp.org

Senior 55+

2025 Badlands Passion Play

Sunday | July 6
1:15PM-9:00PM

\$55

Each summer, in the heart of the Canadian Badlands, a group of actors, crew, and volunteers perform the story of the life of Christ on Canada's largest outdoor stage.

Register at www.mygnp.org

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

MARCH 4-APRIL 30 | TUES-THURS | 10AM-3PM

FREE income tax preparation if you qualify! Call for info: 403.638.1011

Cooking Up Connections

Wednesday | April 23
11:00AM-2:00PM

Cooking With Friends
Includes a meal to take home

Location: Sundre Legion

Register at www.mygnp.org

WILDERNESS WARRIORS

WED | APRIL 23 | 9:00AM-5:00PM

FOR GRADES 4-6

Location: Mahikan Trails at James River Bridge
Transportation included

A full day of outdoor adventure, hands on nature skill and exploring!

Cost: \$45.00

Register at: www.mygnp.org

Canadian Firearms Safety Course

NON-Restricted
Sat | April 12 | 9:00AM-5:00PM

Restricted
Sun | April 13 | 9:00AM-1:00PM

Location: Greenwood Neighbourhood Place Boardroom
New gun license applicants must complete the Canadian Firearms Safety Course and pass written and practical tests.
Cost: \$150 each or \$240 for both

Instructors: **Dianne Seaman ABL962**
REGISTER AT: www.mygnp.org

Seniors Art Program

Tues | April 15
10:00AM-12:00PM
Sundre Seniors Lodge

Tues | April 22
10:00AM-12:00PM
Bergen Community Hall

Register at www.mygnp.org

Community Garden

Garden plots are available!

Please call 403.638.1011 for more information.



Home Alone

Fri | May 2 | 10:30AM-12:30PM
The Den S.Y.C.

Keep you kids safe
Fun, interactive
Home Alone Safety Training
for youth 10+. Build confidence and essential safety skills. Register now!

\$20 first child
\$15 second child

Register at: www.mygnp.org

Promoting & Supporting NOT-FOR-PROFIT ORGANIZATIONS with free postings

Wild Horses of Alberta Society Fund Raising Banquet

Sat | May 10 | 5:00PM
Location: Olds Legion

Join us for an unforgettable evening in support of Alberta's wild horses! Enjoy a delicious meal, exciting auctions, and great company—all while helping WHOAS continue its mission to protect and care for Alberta's wild horses.

Tickets available now! \$40
Purchase via e-transfer to whostreasurer34@gmail.com
For more info: 587-444-2247

CULTIVATE

Prepare, Plant & Process into Celebrated GROUPS FOR YOUTH AGES 8-13 & 13-18

Two years are thrilling yet challenging; we're here to guide and prepare your child for this journey.

CALL US TODAY TO REGISTER
587.796.1611
www.oldsprep.ca

Sundre Ministerial Mayor's Prayer Breakfast

Thurs | April 24 | 7:00AM
Sundre Golf Club
Featuring Guest Speaker: Dr. Sayeh Zielke
For more info: Gerald at gisingveld@gmail.com
403-638-6908

Sundre Aquaplex April Pool Events

Swim lessons for all ages on Tue & Thur evenings, Saturday mornings and Homeschool, Parent and Tot, and Adult swim lesson options.
Bronze Cross starts March 21. Private & semi-private lessons available.
Email aquaplex@atriac.com for more info.

Drop-in Aqua Fitness & 24-hour Fitness Center
Daytime drop-ins welcome. Interested in advanced courses? Let us know!
Visit www.sundreaquaplex.com or call (403)-638-9370 for details.
1052 Ave NW, Sundre

SUNDRE SOCCER CLUB ADULT SOCCER LEAGUE

April 28 | 7:15PM
Sundre Soccer Fields

Join us for a fun kick about on Wed nights (April 28-June 30)! This cool, fun-based league is for all abilities and skill levels! Whether you're just learning the game or have been playing for decades, this league is for you. Each week, we'll meet at Sundre soccer fields, adult players, and scrimmage.

Register at Sundresoccer@gmail.com
For more information: sundresoccer@hotmail.com

CAREER & HIRING FAIR

Wed | April 9 | 2:00PM-5:00PM
Sundre High School Gymnasium

EMPLOYERS: Promote your business & meet candidates on the spot!
EMPLOYERS: REGISTER WITH US!

STUDENTS: Explore careers & opportunities, bring copies of resume-dress to impress!

Sundre Seniors Spruce Society

We will be working on some intergenerational projects this year and we are looking for participants from this area. We have a variety of activities and would enjoy hearing from anyone wishing to take part.

Please email Sundre SPRUCE with your contact information to be the first to be know when we have the schedule of activities.

Save the date in May!
Intergenerational Activity
Seniors Week Activities June 2-7
World Elder Abuse Awareness Day June 15
Activity will be held on June 14

sundrespruce20@gmail.com
403.638.6715

Sundre West Country Centre

101 2nd Ave., by the Arena
Wheelchair accessible

April Events

Music & Dancing | Sun 1 & 3 | 1:30PM
Cribbage | Sun 2 & 4 | 1:30PM

Pool & Snooker | Mon | 9:30AM
Carpet Bowling | Mon | 1:00PM

Line Dancing | Tues | 10:00AM
Canasta | Tues | 12:15PM

Stretching | Wed | 10:00AM
Games | Wed 1 & 3 | 1:00PM
Pool & Snooker | Wed | 1:00PM

Carpet Bowling | Thurs | 1:00PM
Quilting | Thurs

Floor Curling | Fri | 1:00PM
Pot Luck | Last Friday of each month at 12 noon

Come Join Us!!

BERGEN COMMUNITY PLAYERSCHOOL 2025-2026

REGISTRATION NIGHT € OPEN HOUSE

Monday | April 14 | 3:00PM-6:00PM
at Bergen Playshool

Fun & Educational Play Based Program for 3 & 4 year olds with lots of Pre-K Skill Building. Fully licensed with no Fundraising.

For more information:
Suzie 403-638-1704
Brenda 403-638-6656
Email: bcplayschool@gmail.com

Alberta Pioneer Camps

SUMMER CAMPS
July 8-August 2025

Location: Pioneer Lodge, Bergen
Registration now open!
For all ages!

For more information:
registration@pioneer camps.ab.ca

www.pioneer camps.alberta.ca

Alberta Health Living Program

Adult Weight Management: Journey to Better Health
Starts Tues | April 8 - runs for 10 weeks | 12:00PM-1:00PM
Zoom Meeting
This Lunch & Learn offers tools and insights to manage weight and health, focusing on obesity as a chronic condition and lifelong strategies.

Minding Stress
FREE
Thurs | April 17 & 24 | 5:30PM-8:00PM
Zoom Meeting
Learn to reduce stress and improve your mental and physical health by:
• Understanding stress reactions • Building coping strategies
• Creating a personal action plan.
to register call 1 877 314-6997

For more information:
403 559-8852
jessica.gano@albertahealthservices.ca

Alta Pioneer Camp

For more information:
registration@pioneer camps.ab.ca

WEST COUNTRY CRUISE & SUNDRE FOUNTAIN TIRE

Sundre Movie Nights
Featuring
GOONIES

Saturday | April 5 | 7:00PM
Sundre Elks Hall

Free Admission, Cash concession.
Donations accepted.
Bring your own chair or blanket.

Donations go to the Sundre Museum.
For more information:
<https://www.facebook.com/groups/11220857491356>

SUNDRE MUNICIPAL LIBRARY APRIL EVENTS

The BIG Book Sale
Tues | April 1-11
Check the large selection of books for sale by donation!

Spice of the Month
Tues | April 8th | 9:00AM
Join the culinary fun!
Featuring Caraway Seed

Armchair Travel
Wed | April 23 | 4:00PM-5:30PM
Travel the world from the comfort of our living room!

We will be closed:
Fri | April 18- Mon | April 21 for Easter
Regular hours resume Tues | April 22

(403)638-4000
pr.lib.ca/sundre

Sundre Community Choir
Happiness is Singing In a CHOIR

Spring Concerts 2025

Sunday | April 6 | 2:00PM
Tuesday | April 8 | 7:00PM
Location: Sundre United Church

Come and enjoy performances by the Sundre Community Choir & Handbells and Chimes

Fellowship and refreshments to follow.
Admission by donation.

For more info contact Pauline at: sundrecommunitychoir@gmail.com

Cooking for Kindness Community Luncheon

Wednesday April 16
11:30AM-1:00PM

SUNDRE LEGION HALL-€10/PLATE

More info & Transportation or to volunteer call: Laurelie at 403.638.3378

Sundre Palliative Care

Welcome to monthly meetings!
Thurs | April 10 | 2PM
SSSL - North Doors

Advance Care Planning & Discussion
Wed | April 16 | 6:30PM-8:30PM
SSSL - North Doors

Drop In Grief Group
Thurs | April 24 | May 22 | 2-4 pm
Main Ave Church, Sundre

Info: Anne Brander 403-507-1255
Sundrepalliativecare@gmail.com

McDougal Chapel

MOM'S GROUP
FRI | APR 25 | 9:30AM-11:00AM

Mom's and their babies/pre-school aged children are welcome to join us for a time of play and conversation.
Snacks and coffee provided.

LOCATION: **MCDUGAL CHAPEL**
For more information:
Shelby.contos@gmail.com

Camp Evergreen

Summer Camps 2025
Summer is almost here!
Sign up today for adventures & lifelong memories.

Mens Retreat
June 6-8
Join us for a retreat designed for fathers, sons, brothers, and friends. Experience a powerful weekend built for men.

Camp Evergreen
31404 Range Rd 52,
Sundre, AB
www.camp-evergreen.com

ASDEN RANCH SUMMER DAY CAMPS!

Ages 8-12

Minds in Motion Science Camp: July 14 - 18
Arts and Crafts: July 21-25
Daily from 8:30AM-3:30PM
Located North of Sundre

Registration & info:
aspennanchanada@gmail.com

SUNDRE & DISTRICT ALLIED ARTS SOCIETY
THE DOGGONE BROTHERS BAND

Sunday | April 6 | 2:00PM
Sundre Arts Centre

We are proud to present The Doggone Brothers Band! This four-piece band will tickle your ears, warm your heart with soulful songs, and give you a laugh along the way with their cheeky banter.

For tickets and more information:
www.sundreartscentre.com/doggone-brothers.html

For more information:
sundre.allied.arts@gmail.com

Sundre Creative Arts Sundre Art Show & Quiz 2025

50 Years Anniversary

West Country Centre, Sundre
Sat | April 26 | 1:00PM-5:00PM
Sun | April 27 | 11:00AM-3:00PM

Four paintings will be on silent auction with proceeds going to "Sundre Hospital Futures"

Help us celebrate 50 years as a continuous art organization with:
Free coffee and cake,
Door Prizes and Free admission.
Come and enjoy and bring a friend.

For more info: Lila @ 403-638-4269

Sundre & District Museum

April 4, 5, & 6 check out Olds Auction Mart:
<https://bid.oldsauction.com/auctions/1712934/lots>

Our 1st Annual Spring Fundraising Online Auction. All proceeds stay in Sundre and support the Sundre & District Historical Society. Thank you to everyone for their support!

Looking for a Friday front desk volunteer
Sign up for Village Clean up - May 2025

www.sundremuseum.com
403-638-2233 for more details.

Sundre & District Museum

403-638-2233 for more details.

