



River Valley School

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A safe and happy place to learn



May 16, 2023

Dear Parents/ Guardians,

Re: Information regarding Food & Drink @ RVS

As we head into the homestretch of the year it is important for us to share some updates around food and drink at school.

- Over 800 free lunches have been provided for students through Nutrition for Learning this year. While we never want to deny a student food if they need it, we often have students who indicate daily that they have forgotten their lunch, prefer the office lunch to their own, or have eaten their lunch for breakfast. We may have children call home if they repeatedly indicate they have forgotten their lunch. Please help us in this regard by supporting your child in packing a lunch and depositing it in their backpack :) If there are financial challenges we are happy to support in whatever way we can; please connect with the office.
- Single use plastic cutlery will no longer be available for purchase by the school or NFL in the coming months. Within a typical week we have students requesting a few dozen items of plastic cutlery because they have forgotten theirs at home. NFL is going to purchase bamboo cutlery for the snacks that require it, and Growly will do the same, but we will be unable to continue to provide cutlery at the office when students forget it at home.
- Many students - predominantly Middle School - ask for styrofoam cups at the office daily to get water from the fountain as they do not have a water bottle, and may feel the fountains are not super hygienic. Hydration is key for learning, and with warmer days arriving it is imperative kids are able to consume water as they need it. Please ensure your child has a water bottle at school as we are unable to continue to hand out numerous cups each day - thank you.
- Lastly, thank you for your continued support of the Growly! Unfortunately we did have to raise prices this year, but are hoping we will not have to do so again in the Fall. The funds from Growly go toward helping with things like offsetting the cost of field trips, as well as school events and presentations, and your support is appreciated.

If you have any questions or concerns in regard to the above information, please feel free to contact me.

Cheers,

Mrs. Cooper-Shand
Principal
River Valley School