



# Growly Menu

2017 - 2018

healthy choice

## Menu Items

Hamburger \$2.50  
(100% CDN Beef on Whole Wheat Bun)

Cheeseburger \$3.00

Tuna Snack Kits \$2.50

Veggies & Dip \$2.00

Crackers & Cheese \$2.00

Yogurt, Granola & Fruit Cup \$2.00

Nacho & Salsa \$2.50

★ Soup of the Day \$3.00

★ Taco in a Bag \$4.00

Beef, lettuce, cheese, salsa on the side



Some items not served everyday



Taco in a bag not available on Pizza Day

## Snacks



Frozen Yogurt Tube \$1.00

Corn Chips \$1.25

Corn Nuts \$1.75

Greenpea Crisps .75¢

Granola Bars \$1.00

Beef Jerky \$1.75

Trail Mix \$ 1.25

Popcorn \$1.00

Peanuts \$1.50

Puffed Wheat \$2.00

Halls \$2.00

Water .50¢



## Growly Days

Monday: Grade 2

Tuesday: Grade 3

Wednesday: Grade 4

Thursday: Grade 5

Friday: Grade 6

Anyday: Grade 7 & 8



★ Growly on a day other than their designated day, please send a note

★ Menu & Prices are subject to change